



Surfer

JUNE 2024



ACTIVITIES

Tennis

By Henry Penas

The Prime Gentlemen Tennis Group has been in existence since we were younger Prime Timers. It started in 2009 and has been continuing ever since. We play all year long, including the summer. Members who have played with the group have come and gone. Some have even aged out.

We welcome new members, beginners and members who used to play and want to have a good time. Of course, we only play doubles. Less work and more camaraderie.

I maintain a group text and ask who's coming the day before we play. If there are less than four, we usually cancel.

Turn to ACTIVITIES, Page 3

PRESIDENT'S

MESSAGE

By Henry Penas



How often do you learn something amazing when you go to a doctor to get your test results? I recently did. This story is of a rather personal issue.

Like many of you I have an enlarged prostate (BPH). It happens to men as they age. I'm not sure of its origin, but I expect it has something to do with over-use during the onset of puberty.

Thanks to finasteride it has been kept at bay for 18 years now. All of a sudden, I was getting up 3-4 times per night. My next urologist prescribed Flomax (Tamsulosin). It was a miracle drug.

Until it stopped working after a year and a half.

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PRIME GENTLEMEN



*A social club of mature men and
those who enjoy their company*

To join, go to: FtLPrimeGentlemen.org
and click on: *Membership*

Surfer

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*Please submit all materials to the Editor by the
10th of the month before publication.*

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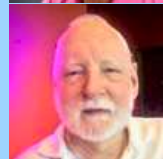
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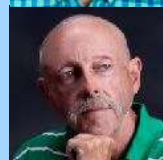
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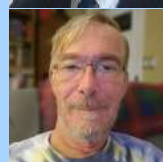
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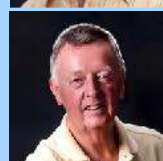
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Treasurer Emeritus

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ACTIVITIES

from page 1

If the weather looks bad, we re-text in the morning and decide whether or not to meet.

We play on the tennis courts in Palm Aire every Tuesday, Thursday and Sunday morning. (George Brummer Park – 3500 West Palm Aire Drive, Pompano Beach FL 33069). Many members live in Palm Aire, or Fort Lauderdale and parts beyond.

All you have to do is show up. If you don't have a racquet someone will lend you one.

You can always just show up to see how we do and cheer us on.



21st Anniversary Dinner/Annual Banquet

Saturday, June 22, 2024
Tropical Acres
2500 Griffin Rd,
Ft Lauderdale, FL 33312

1:00 pm Cash Bar 1:30 pm Luncheon
(soft drinks & coffee/tea included)

You can reserve and pay with a credit card, go to ftprimegentlemen.org and click on "**Reservations.**"

PRESIDENT

from page 1

I had to have a cystoscopy. If you have never had one, it's a real eye-opener. Well, maybe not an EYE-opener. He inserted a long tube into my urethra, down into my bladder and prostate. He rummaged around there for a while and then pulled it out. His conclusion: it's not your prostate.

I asked him, "then why do I wake up 3-4 times a night to pee"? His answer is the fun part of this whole encounter.

"Because you're old!" (He's probably my age). Then he asked me a surprising question, "Do they happen at about the same each night?" I was shocked and said, "Like clockwork!"

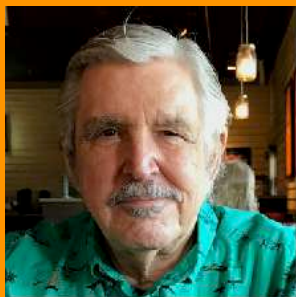
As you age your sleep cycle changes. You may sleep 8 hours, but it's not a solid sleep. You drift in and out of sleep many times during the night. When you feel the slightest urge to pee when you drift out of sleep, your brain tells you to get up now because in a half hour you will get up to do it anyway. But you're not waking up because you have to pee, but because it's your new pattern and the need to pee is a conditioned response and not a prostate pressure issue.

I felt relieved. No pun intended! I will have to learn to do Biofeedback to be able to roll over and go back to sleep instead of going to the bathroom. I'll get back to you on that.

**TOTAL PRIMEGENTLEMEN
MEMBERSHIP - 482**

MOVIES

By Ed Slough



FREE MOVIES: "Maestro" and
"One Day More"

FRIDAY, June 21st at 1:30 PM

@ the Pride Center

FREE POPCORN AND SODA

A SAGE and Prime Gentlemen Event



"Maestro" tells the story of a generation-defining artistic innovator: the legendary composer and conductor Leonard Bernstein. This movie is consistently spectacular from an aesthetic perspective. The cinematography, costumes, and production design are all evocative and precise as they evolve with the times over 40 some-odd years of Bernstein's life.

We spy a few glimmers of his intimate happiness with various men, including Matt Bomer. But there is a tantalizing, unfulfilled quality to his characterization as a gay man. Bernstein took chances with his work; that's what made him great. But not so much with his private, intimate life.

"One Day More" from Broadway
Backwards Annual Benefit 2024



To celebrate Pride Month, Broadway Cares released the opening number from this year's benefit, the inspiring anthem **"One Day More."** The setting of the anthem is a group of activists preparing for an equality march in Washington. At the conclusion of the anthem, is a march with a giant Pride Flag waving above the marchers, reminiscent of the iconic scene in *Les Misérables*.

05/17 Movie Goers!
50 attended



June Hero

By Ken South



1968-The Year That Shattered America

- North Vietnam launched the Tet Offensive
- Martin Luther King was assassinated in Memphis
- Robert F. Kennedy was murdered at the Ambassador Hotel in Los Angeles
- President Lyndon B. Johnson signed the Civil Rights Act of 1968, and in March announced he would “not seek or accept the nomination” for a second full term
- the Democratic National Convention in August, thousands of students, antiwar activists and other demonstrators were assaulted by the Chicago police
- Richard Nixon won the White House in November
- And, three astronauts aboard Apollo 8—Jim Lovell, Bill Anders and Frank Borman—became the first humans to orbit the moon



And then on February 12th of that tumultuous year, Mr. June was born into his family, the last born, with three older sisters in the small community of Marshalltown, Iowa. He attended elementary school and high school there, graduating in 1986. While in high school, he became interested in woodworking and starting cabinet making. He also excelled in sports, particularly football and basketball. Following HS, he owned his own cabinet shop and remodeling business for the next 22 years.

Mr. J also had a passion for stock car racing (his parents owned a track) where even as a teen, he got involved with working on cars, and then later became a driver. He raced cars for 7 years and raced in the top division. After racing as a driver, he owned a car and coached his nephew as the driver.

For as long as Mr. J can remember, he has always been attracted to older men. His first memorable experience was when, at 15, he became “friends” with his math teacher.



May 2024 Dinner



Continued from Previous Page

In 1995, he met Delmar Freeborn, his senior by 43 years, who was a WWII submarine mariner and they cherished their 20 years together. Mr. J moved to live with Delmar at his home in Grinnell, Iowa. In 2013 they were married, and sadly on October 1st, 2015, Delmar passed away.

At 38-years-old, Mr. J sold his remodeling business, which freed up the couple to travel to many exciting places. They especially liked a small community on Cape Cod, MA, near Falmouth, where they purchased a second home.

In 2023, Mr. J vacationed in Ft. Lauderdale and attended Prime Gentlemen events and Coffee & Conversation meetings invited by new friends he met thru a regular Prime Gentlemen Zoom gathering. In June of 2023, he sold his home in Grinnell, Iowa and bought a home in West Palm Beach. So, this very friendly “snow bird” enjoys summers in Cape Cod and winters in West Palm Beach, with frequent visits to Ft. Lauderdale.

Excursion to
Flamingo Gardens
April 27th / 9
ATTENDED



Richard Werner

01/23/1942 – 05/2024



Fellow member, Richard Werner passed away earlier last month from cancer. This is all we know about his passing.

Richard was born in Uruguay and raised and educated in Buenos Aires, Argentina. He had a gift for languages. As a child he spoke German at home, Spanish with his friends and later English. Years later he learned Hebrew and became an Israeli citizen. He had a life-long career in the Airline/Travel Industry and loved to travel. In later years he became an avid Cruise Line aficionado.

He was often seen at our Monthly Membership Meetings.

Richard had been a member of Prime Gentlemen since January 2010. He was [Man of the Month](#) in January 2015. He was also a long time member of SAGE. He will be missed by all who had the chance to get to know him.

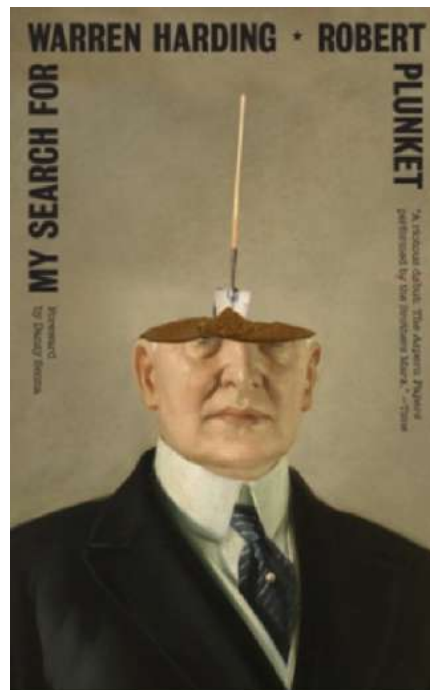
Book Discussion Group

By Paul McNamara



When *My Search for Warren Harding*, Robert Plunket's glittering story of literary sleuthing and deceit, first appeared in 1983, it garnered immediate and far-reaching acclaim. More recently, though long out of print, it was canonized in *The Guardian's* "1000 Novels Everyone Must Read," ranked by the *Washington Post* as one of the top five books of "great American comic fiction," and praised by Michael Leone in the *Los Angeles Review of Books* as "a classic picaresque novel in the tradition of Cervantes."

Set against the fading light of early-1980s Hollywood, our deeply flawed, bigoted, closeted antihero Elliot Weiner is a historian—Harvard BA, Columbia PhD—with a passion for Morris dancing and Warren Harding, "the shallowest President in history." After Weiner receives a research grant to write a book on the tumultuous life of Harding, he gets wind of a trunkful of the 29th president's bawdy billet-doux that is rumored to be fiercely guarded by his ancient mistress Rebekah Kinney on her declining Hollywood Hills estate. Nothing and no one can stand in the way of Weiner getting his paws on the treasure, and along the way, as the words dance across the page, a hysterical, guffaw-inducing punchline around every corner, Weiner reaches new lows of humiliation and self-delusion.

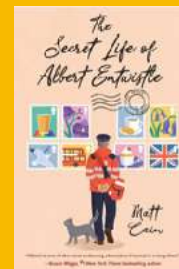


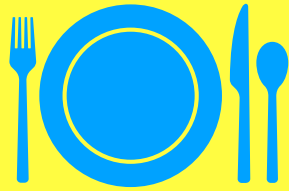
My Search for Warren Harding will be discussed at the next meeting of the Book Discussion Group, to be held on Saturday, June 8 from 11:00 AM to noon at the Stonewall Library, 1300 E Sunrise Blvd., Fort Lauderdale, and simultaneously on Zoom via this link: [Book Discussion Group](#) (Meeting ID: 275139 4844 and Pass code: 076609).

UPCOMING:

The July 13 meeting
selection is

The Secret Life of Albert Entwistle
by Matt Cain





FOOD & DRINK



MEMBERSHIP MEETING

Sunday, June 2, 2:00 pm
Pride Center at Equality Park, Main Hall
2040 N. Dixie Highway, Wilton Manors, FL 33305
Bring a dish to share for our potluck meal

EARLY BIRD DINNER

Wednesday, June 12, 5:30 pm
Black Rock Bar and Grill, 6200 N Federal Hwy, Ft Lauderdale, FL 33308
Contact Ed Slough at wildhybrid@aol.com so he can tell the restaurant how many to expect

DINER LUNCH

Thursday, June 13, 1:00 pm
Peter Pan Diner, 1216 E. Oakland Park Blvd. Oakland Park, FL 33334
Call or text Doug Kent at 305-495-2978 or email at dutchwood@att.net to reserve your seat

Annual / Anniversary Luncheon

Saturday, June 22, 1:00 pm
Tropical Acres, 2500 Griffin Rd, Ft Lauderdale, FL 33312
Happy Hour Drinks; Luncheon, 1:30 pm
To reserve and pay with a credit card, go to ftlprimegentlemen.org and click on Reservations

SAGE'S NIGHT OUT DINNER

Wednesday, June 26, Happy Hour Drinks: 5:00 pm, Dinner: 5:30 pm
Tropics Grille, 2000 Wilton Drive, Wilton Manors, FL 33305
All are welcome, including all our friends from Sage and Prime Gentlemen
Please email Ed Slough if you plan to attend at wildhybrid@aol.com

REGULAR LUNCH

Thursday, June 27, 1:00 pm
La Vie Lebanese Restaurant, 281 S. Pompano Pkwy. Pompano Beach, FL 33069
Call or text Doug Kent at 305-495-2978 or email him at dutchwood@att.net to reserve your seat

MIXER

Every Tuesday, 5:00 pm
Tropics Grille Restaurant & Bar 2000 Wilton Drive Wilton Manors, FL 33305
[No reservations; just pay for your drink\(s\) and enjoy the buffet!](#)

PRIME GENTLEMEN EXCURSION

By Ed Slough



Gumbo Limbo Nature Center
1801 N Ocean Blvd, Boca Raton, FL 33432

Saturday June 29th @ 10:30 AM

SAGE members are welcome.

Admission is free

Parking at the Center is complimentary

Gumbo Limbo Nature Center is a place to enjoy an authentic outdoor Florida adventure. Twenty acres have been dedicated as a top marine life research and rescue destination for one of the ocean's most popular animals: the sea turtle.



Center Highlights include:

- Outdoor marine aquariums
- Sea Turtle Rehabilitation Facility
- Outdoor Marine Aquarium Feeding: Daily at 12:30-12:50 p.m., weather permitting
- Preserved Tropical Hardwood Hammock
- The Butterfly Garden
- Authentic Seminole Chiki

Contact Ed Slough at wildhybrid@aol.com to attend.

JUNE
EARLY BIRD
DINNER



Wednesday,
June 12th
5:30 pm

Black Rock Bar and Grill
6200 N Federal Hwy, Fort
Lauderdale, FL 33308
Phone: (954) 368-2525

View their menu by clicking on the link:

[https://
www.blackrockrestaurants.com/
files/ugd/
5cd241_f81c75529c1d484c871b3a5
4900953c6.pdf](https://www.blackrockrestaurants.com/files/ugd/5cd241_f81c75529c1d484c871b3a54900953c6.pdf)

If you would like to attend this dinner,
Please notify me so I can give the
restaurant a heads-up:
wildhybrid@aol.com.

Mr. June
Rob Chambers



BIRTHDAYS AND ANNIVERSARIES

6/3 Jashbanta Bai
 6/3 Donald Harris
 6/4 Michael Sposato
 6/4 Leroy Sathre
 6/5 Nicholas Polizos
 6/5 Ron Grassullo
 6/6 Lynn Wright
 6/6 Charles Burton
 6/7 Bob Wenz
 6/7 Ed Witkowski
 6/8 Richard Runge
 6/8 Ed Vallecorsa
 6/8 Robert Levy
 6/8 Dennis Camara
 6/9 Robert Noonan
 6/9 Frank Sweet
 6/9 Don Squire
 6/10 Dan Driscoll
 6/14 Bernard Donohue
 6/14 Ed Clucas
 6/14 Mike Trask
 6/16 Boyd Meyers

6/18 Richard Safra
 6/19 Nicholas Zullo
 6/20 Donald Neilson
 6/21 Charles Bell
 6/21 Frank Struck
 6/21 Martin Haberland
 6/22 Henry Bernstein
 6/23 Alain Lecusay
 6/23 Jerry Heaton
 6/24 Glenn Carroll
 6/25 Jack Coffman
 6/25 William Niebles
 6/25 Robert Hill
 6/25 Gary Beasley
 6/26 Robert Blazina
 6/26 Ed Moskowitz
 6/26 Joe Pallant
 6/29 William Brierly
 6/30 Peter Gavigan
 6/30 Ronald Goodale
 6/30 William Tadros
 6/30 Patt Gavin

Art Donley & Clint Finn
 Ric Lenzi & Azil Sales

6/22/1996 28 years
 6/16/2018 6 years

Scene from the Excursion to
 the Historic Deering Estate
 May 25th



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:00 AM Tennis BP	27 6:00 PM Online Mixer ZM#	28 8:00 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	29 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM#	30 8:00 AM Tennis BP 1:00 PM Regular Lunch, p8 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	31	1
2 7:30 AM Tennis BP 2:00 PM General Meeting PC, P8	3 6:00 PM Online Mixer ZM#	4 7:30 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	5 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM#	6 7:30 AM Tennis BP 2:00 PM Collectors PC 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	7	8 11:00 AM Book Discussion Group
9 7:30 AM Tennis BP	10 6:00 PM Online Mixer ZM#	11 7:30 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	12 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM# 5:30 PM Early Bird Dinner, p8	13 7:30 AM Tennis BP 1:00 PM Diner Lunch, P8 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	14 2:00 PM History Group	15
16 7:30 AM Tennis BP	17 6:00 PM Online Mixer ZM#	18 7:30 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	19 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM#	20 7:30 AM Tennis BP 12:30 PM Board ZM 2:00 PM Collectors Group 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	21 1:30 PM Free Movies PC, P4	22 1:00 PM Primegentlemen Anniversary Dinner, p8
23 7:30 AM Tennis BP	24 6:00 PM Online Mixer ZM#	25 7:30 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	26 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM# 5:00 PM Tropics Grille Night Out, p8	27 7:30 AM Tennis BP 1:00 PM Regular Lunch, p8 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	28 2:00 PM History Group	29 10:30 AM Excursion - Gumbo Limbo Nature Center
30 7:30 AM Tennis BP 12:00 PM Haulover HA	1 6:00 PM Online Mixer ZM#	2 7:30 AM Tennis BP 2:00 PM Trivial Pursuit ZM# 5:00 PM Mixer TR, p8	3 11:00 AM Bowling ML 1:00 PM Bowling AL 1:00 PM Men's DropIn ZM#	4 7:30 AM Tennis BP 2:00 PM Collectors PC 3:00 PM Co-ed DropIn ZM# 7:00 PM Walking SC	5	6

Eastern Time Time Zone

Page 1/1

LOCATION CODES

AL = AMF Margate, 2020 N. State Rd 7 33063
BP = Brummer Park, 3500 W Palm Aire Dr 33069
HA = Haulover Beach, 10800 Collins Ave 33154
ML = Manor Lanes, 1517 NE 26th Street, 33305
PC = Pride Ctr, 2040 N. Dixie Hwy 33305
SC = Skolnick Ctr, 800 SW 36th Ave 33069
SL = Stonewall Lib, 1300 Sunrise Blvd 33311
TR = Tropics Bar & Grill, 2000 Wilton Dr 33305
ZM = See weekly email Bulletin for link.



MAY 2024 DINNER AT 5th ELEMENT INDIAN GRILL

37
Attended



NIGHT OUT AT TROPICS - APRIL 2024

22
Attended



EARLY BIRD DINNER AT GG'S OF NY - MAY 2024

29
Attended

