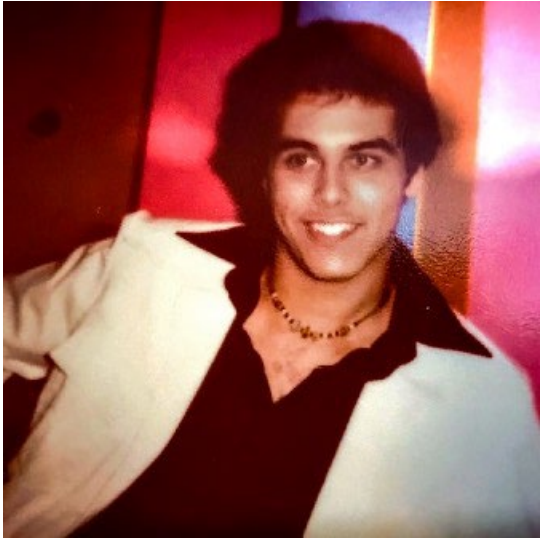




Mr. February 2026 – Alejandro Frades

By Kenneth Sabanosh



Mr. F was born in the historic city center of Habana, Cuba, and came to the United States at the age of seven. Raised in the US, he grew up curious about the world around him—how things work, how ideas come together, and how creativity and technology intersect. As a young man, he enjoyed spending time with friends, visiting amusement parks, riding bikes, watching movies, and exploring innovation.

Mr. F arrived in South Florida through the Freedom Flights from Cuba, an experience that shaped his outlook on life and appreciation for opportunity. Over time, his curiosity evolved into a successful career in web development and design. Now retired, he spent his professional life turning creative concepts into functional, technically sound websites. He always enjoyed the challenge of transforming ideas into reality.

One of his most meaningful projects involved developing an immersive, interactive attraction for his church. The experience combined live actors with synchronized on-screen performances, creating a multimedia adventure that was both engaging and inspiring. This project reflected his talent for blending storytelling, technology, and human connection—work that left a lasting impression on those who experienced it.

Family has always been important to him. His sister lives in the Midwest, and throughout his life, close friendships have often become his chosen family. Wanting deeper, more genuine connections is what ultimately led him to Prime Gentlemen. After meeting members of the group and feeling an immediate sense of belonging, Mr. F decided to join and quickly became an active part of the community.

Mr. F enjoys staying mentally and physically engaged. His interests include reading, entertainment, video, and technology, and he remains endlessly curious about how things work. He spends time at the gym, enjoys happy hours, and appreciates relaxed social gatherings. Sports, however, are not his passion—he openly admits he finds them boring and prefers not to watch them.

Creativity and fun motivate him, and Halloween is one of his favorite times of year. He loves the freedom of expression it offers and is known for enjoying imaginative costumes. At the same time, Mr. F is grounded in tradition and faith, believing in God and living by strong personal values.

His advice to others is thoughtful and practical: don't be too flamboyant in professional settings, don't party too much, and always put your creativity to work. Above all, he believes in being a good person and not being selfish—principles he has lived by throughout his life. We are pleased to recognize Mr. F as our Man of the Month, celebrating his creativity, integrity, and the warmth he brings to our Prime Gentlemen community. Can you guess who our February "Man of the Month" is? Turn to page 7 to find out!

