MAN OF THE MONTH

KENNETH SABANOSH

Interviewed by Al Remer



Kenneth Sabanosh's life has been shaped by integrity, resilience, and the courage to embrace each new chapter with optimism. From his childhood in Connecticut to a distinguished career in finance and banking, and from enduring love to new beginnings through Prime Gentlemen, Ken's story reflects authenticity, service, and gratitude.

Born in Bridgeport, Connecticut, Ken grew up in nearby Fairfield with his older brother, John. His mother was a homemaker, and his father worked as a production planner for Underwood. He fondly remembers a close-knit neighborhood, frequent family gatherings, summers at the beach, riding his bicycle, and fishing on Long Island Sound.

At Andrew Warde High School, Ken found his passion in the dramatic arts, serving as a Stage Manager and earning membership in the National Thespian Society. After graduating, he attended the University of Virginia, where he earned a degree in Finance. The University's Honor Code left a lasting impression, instilling values of honesty and integrity that have guided him throughout his life. He began his career with a CPA firm, passed the CPA examination on his first attempt, and soon became a partner.

After college, Ken married and raised two sons, Robert and David. Later, following the Stonewall era, he embraced his authentic self and moved to Washington, D.C., where he met Ernest Wayne Cooper. Ken and Wayne shared 45 wonderful years together, traveling extensively, enjoying theater, entertaining friends, owning an antique shop in Alexandria, Virginia, and purchasing a condominium near Florence, Italy. Professionally, Ken advanced to become Senior Vice President and Comptroller of a regional bank in Frederick, Maryland.



In 2003, Ken & Wayne moved to South Florida, eventually settling in Palm-Aire. Following Wayne's passing in 2021, Ken found friendship and renewed purpose through Prime Gentlemen. Today, he serves as one of the organization's "Man of the Month" interviewers and is the Treasurer of his Palm-Aire condominium association.

When asked what advice he would share, Ken quotes William Shakespeare: ***"To thine own self be true."*** He believes that living honestly and authentically leads to genuine happiness and meaningful relationships. Looking back, Ken considers himself fortunate—not because life has always been easy, but because it has been filled with family, lasting friendships, meaningful work, enduring love, and the opportunity to begin new chapters. Congratulations to our Man of the Month, Kenneth Sabanosh!